

# Armdale Yacht Club

## 2022 Wednesday Evening Sailing Instructions

### 1 Rules

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 All AYC races are designated Category "A" events.

### 2 Changes in Sailing Instructions

- 2.1 Any changes to the Sailing Instructions will be posted on the Official Notice Board one hour before the start on the day it will take effect, except that any change to the schedule of races will be posted 12 hours before it will take effect.

### 3 Communications with Competitors

- 3.1 Notices to competitors will be posted on the Official Notice Board located in the AYC Clubhouse.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 71.

### 4 Code of Conduct

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

### 5 Signals Made Ashore

- 5.1 Signals made ashore will be displayed at the AYC Race House on the east side of Melville Island.
- 5.2 Code flag "AP", Answering Pennant, with two sound signals on hoist means 'The race is postponed'.
- 5.3 First gun (warning signal) will be made not less than one minute after "AP" is lowered with one sound signal.

### 6 Schedule of Races

- 6.1 There will be three Wednesday night series (Spring, Summer, and Fall). There may be up to two races each night based on the wind and weather conditions. Dates for all races are shown on the AYC Race Schedule.
- 6.2. The Wednesday races warning signal is 1815 for Spring, Summer, and Fall (races 1-4) and 1800 for Fall (races 5-6).

### 7 Classes

- 7.1 There will be three classes on Wednesday nights, unless otherwise determined by the race committee.
  - 7.1.1 Class 1 – Rating below PHRF NS 200
  - 7.1.2 Class 2 – Rating PHRF NS 200 and higher
  - 7.1.3 Class 3 – Bluenose Class
- 7.2 Class 1 and Class 2 will share the same start time and start line. Class 3 may share the same start time or elect to have a separate start if there are enough boats to constitute a separate start.
- 7.3 There must be a minimum of three boats in each class to constitute a race.
- 7.4 Boats must select their sail inventory, and corresponding PHRF NS, prior to each race in each series. This handicap can be altered during the series. The Race Committee must be notified of the decision prior to 10 minutes before the first warning signal. If the Race Committee is not notified of a PHRF decision, their 'default' rating will apply

### 8 Racing Area

- 8.1 The racing area includes the navigable waters of the Northwest Arm, Halifax Harbour, and the approaches to Halifax Harbour.

## **9 Courses**

9.1 The race course will be displayed on the AYC Official Notice Board before the warning signal of the first class is starting.

9.2 Course numbers and marks are described on AYC Northwest Arm Course Card.

9.3 Multiple running of a course or a combination of courses shall be indicated as course number x number of repeats, and course number + course number, respectively.

9.4 The finish of each course must be completed by passing between the inner and outer start marks. A boat which fails to do so, and which does not subsequently take a two-turn penalty shall be disqualified by the Race Committee.

9.5 A boat who has been protested by another boat without causing significant damage may exonerate himself by taking a penalty as described in Rule 44.2 Two-Turns Penalty.

9.6 The Fleet Captain or Officer of the Day will be permitted to set course(s) other than on the course card if conditions warrant it. The course(s) will be displayed on the AYC Official Notice Board or the Lower Ward Room Window 20 minutes before the warning signal.

## **10 Marks**

10.1 Marks are described on the AYC Northwest Arm Course Card.

## **11 Obstructions**

11.1 Boats shall not sail in the following prohibited areas and the navigational buoys shall be passed on their proper side, unless they are designated as marks of the course: Hen and Chickens (HQ2) and Purcell's Cove (HQ1).

## **12 The Start**

12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

12.2 A rolling start sequence will be used for multiple classes, such that the starting signal of a preceding class shall be the warning signal of the next class to signal 5 minutes before the start.

12.3 The race Starting Line is defined as running from the flag pole on top of the AYC Race Hut on the east side of Melville Island to the outer start mark on the east side of the Northwest arm. Boats must also pass between the inner and outer start marks to start.

12.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12.5 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request.

## **13 Change of the Next Leg of the Course**

13.1 Courses may be shortened by the race committee making a sound signal from the race hut. The lead boat from each class will immediately head towards the next mark as the finish. All other boats must do the same course as the lead boat. A race may be shortened in the same manner by dropping the requirement to complete all laps in a multi-lap race. A sound signal will be made from the race hut prior to the first boat reaching the start/finish line.

## **14 The Finish**

14.1 The race Finish Line (same as the Start line) is defined as running from the flag pole on top of the AYC Race Hut on the east side of Melville Island to the outer start mark on the east side of the Northwest arm. Boats must also pass between the inner and outer start marks to finish.

14.2 If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

## **15 Penalty System**

15.1 One- and Two-turn penalties shall apply under RRS 44.1 and 44.2.

15.2 The Scoring Penalty, RRS 44.3, does not apply.

## **16 Time Limits**

16.1 A 2.5 hour time limit for the first boat is imposed.

16.2 All other boats must finish within 1.0 hour of the first boat (the finishing window).

16.3 Boats failing to finish within the finishing window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

## **17 Hearing Requests**

17.1 For each class the protest submission time limit is 30 minutes after the last boat has finished. The protest hearing shall commence within 30 minutes after submission of the protest, unless otherwise stated by the Officer of the Day.

17.2 Protest forms are available at the AYC Clubhouse

17.3 Rules RRS 61.3 and 62.2 do not apply.

## **18 Scoring**

18.1 Each series will strive to have at least six races and may have more races if weather conditions permit. Each boat scores their best 4 races for Spring Series and best 5 races for Summer and Fall Series. The race committee shall score a race or series as provided in Appendix A of the Racing Rule of Sailing using the Low Point System.

18.2 Ties will be broken as per the Racing Rules of Sailing Appendix 'A' – Scoring.

18.3 A minimum of 3 scheduled races must be run per class to constitute a series.

18.4 An overall Wednesday night winner will be determined by counting each boat's best 15 races.

18.5 There will be no separation of spinnaker from non-spinnaker participants in determining scoring.

18.6 No evening races will be rescheduled.

## **19 Safety Regulations**

19.1 Boats must be equipped as required by the Canadian Coast Guard.

19.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **20 Prizes**

20.1 Trophies will be presented at the Commodores Ball in November for winners of each series and for the overall seasonal winner.

## **21 Risk Statement**

21.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

20.2 The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or proper to, during, or after an AYC race or regatta.

## **22 Insurance**

22.1 Each participating boat shall carry personal liability/protection & indemnity coverage of not less than \$1,000,000.00. To be eligible to race each skipper/owner must sign a declaration of insurance coverage.

## **23 Interference with Shipping and Rowers**

23.1 Any boats which interfere with the orderly passage of naval or commercial shipping may be subject to disqualification from the race. Such disqualification shall be reported to SAIL NOVA SCOTIA and may result in further disciplinary action, including denial of entry into future events. Boats interfering with rowing vessels may be subject to disqualification from the race. Engines may be used in an emergency.

Details of the emergency must be reported to the Race Committee immediately after the race. This alters RRS 42

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