

Armdale Yacht Club

2022 PHRF Sailing Instructions

Ice Breaker Regatta

1 Rules

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 All AYC races are designated Category "A" events.
- 1.3 No boat shall make use of auto helms or any electrical steering devices.

2 Changes in Sailing Instructions

- 2.1 Any changes to the Sailing Instructions will be posted on the Official Notice Board one hour before the start on the day it will take effect, except that any change to the schedule of races will be posted 12 hours before it will take effect.

3 Communications with Competitors

- 3.1 Notices to competitors will be posted on the Official Notice Board located in the AYC Clubhouse or the Lower Ward Room Window.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 71.

4 Code of Conduct

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

5 Signals Made Ashore

- 5.1 Signals made ashore will be displayed at the AYC Race House on the east side of Melville Island.
- 5.2 Code flag "AP", Answering Pennant, with two sound signals on hoist means 'The race is postponed'.
- 5.3 First gun (warning signal) will be made not less than one minute after "AP" is lowered with one sound signal.

6 Schedule of Races

- 6.1 There will be one race with one single class on May 21, 2022. Dates for all races are shown on the AYC Race Schedule.
- 6.2. The first gun warning signal (class flag) is scheduled for 13:00. In case of postponement, no race shall begin after 15:00.

7 Classes

- 7.1 There will be a single class.
- 7.2 There must be a minimum of three boats to constitute a race.
- 7.3 PHRF-NS area ratings will be used for scoring.

8 Racing Area

- 8.1 The racing area includes the navigable waters of the Northwest Arm, Halifax Harbour, and the approaches to Halifax Harbour.

9 Courses

- 9.1 The race course will be displayed on the AYC Official Notice Board or the Lower Ward Room Window before the warning signal of the class is starting.
- 9.2 The finish of each course must be completed by passing between the inner and outer start marks. A boat which fails to do so, and which does not subsequently take a two-turn penalty shall be disqualified by the Race Committee.
- 9.3 A boat who has been protested by another boat without causing significant damage may exonerate himself by taking a penalty as described in Rule 44.2 Two-Turns Penalty.

9.4 The Fleet Captain or Officer of the Day will be permitted to set course(s) other than on the course card if conditions warrant it. The course(s) will be displayed on the AYC Official Notice Board or the Lower Ward Room Window 20 minutes before the warning signal.

10 Marks

10.1 Marks will include those on the Sail Nova Scotia Course Card (2021).

11 Obstructions

11.1 Boats shall not sail in the following prohibited areas and the navigational buoys shall be passed on their proper side, unless they are designated as marks of the course: Hen and Chickens (HQ2) and Purcell's Cove (HQ1).

12 The Start

12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

12.2 The race Starting Line is defined as running from the flag pole on top of the AYC Race Hut on the east side of Melville Island to the outer start mark on the east side of the Northwest arm. Boats must also pass between the inner and outer start marks to start.

12.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request.

13 Change of the Next Leg of the Course

13.1 Shortening of the course will be at the discretion of the race house.

14 The Finish

14.1 The race Finish Line (same as the Start line) is defined as running from the flag pole on top of the AYC Race Hut on the east side of Melville Island to the outer start mark on the east side of the Northwest arm. Boats must also pass between the inner and outer start marks to finish.

14.2 If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

15 Penalty System

15.1 One- and Two-turn penalties shall apply under RRS 44.1 and 44.2.

15.2 The Scoring Penalty, RRS 44.3, does not apply.

16 Time Limits

16.1 A 4 hour time limit for the first boat is imposed.

16.2 All other boats must finish within 2 hours of the first boat (the finishing window).

17 Hearing Requests

17.1 For each class the protest submission time limit is 30 minutes after the last boat has finished. The protest hearing shall commence within 30 minutes after submission of the protest, unless otherwise stated by the Officer of the Day.

17.2 Protest forms are available at the AYC Clubhouse

17.3 Rules RRS 61.3 and 62.2 do not apply.

18 Scoring

18.1 The race committee shall score a race or series as provided in Appendix A of the Racing Rule of Sailing using the Low Point System.

18.2 Ties will be broken as per the Racing Rules of Sailing Appendix 'A' – Scoring.

18.5 There will be no separation of spinnaker from non-spinnaker participants in determining scoring.

19 Safety Regulations

19.1 Boats must be equipped as required by the Canadian Coast Guard.

19.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

20 Prizes

20.1 Prizes will be given to the winners of the race at the AYC clubhouse, after the correct results have been confirmed.

21 Risk Statement

21.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

20.2 The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or proper to, during, or after an AYC race or regatta.

22 Insurance

22.1 Each participating boat shall carry personal liability/protection & indemnity coverage of not less than \$1,000,000.00. To be eligible to race each skipper/owner must sign a declaration of insurance coverage.

23 Interference with Shipping and Rowers

23.1 Any boats which interfere with the orderly passage of navel or commercial shipping may be subject to disqualification from the race. Such disqualification shall be reported to SAIL NOVA SCOTIA and may result in further disciplinary action, including denial of entry into future events. Boats interfering with rowing vessels may be subject to disqualification from the race. Engines may be used in an emergency. Details of the emergency must be reported to the Race Committee immediately after the race. This alters RRS 42

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